



Welcome to #TeamEpic!

We are so excited you are here!



We are the perfect fit if:

- You're the girl chasing her dreams with determination.
- You want to gain confidence, self-appreciation, and life skills.
- You aspire to grow every. Single. Day!

Meet our Coaching Team!

Katie Kenny

Head Coach



Katie Kenny has over 20 years of experience as a pageant contestant and titleholder with systems such as National American Miss, Royal International Miss, the Miss America Organization, and many more. As a lifetime dancer and adrenaline rush junkie, she found her way into cheerleading in high school after competing for dance and gymnastics for over 10 years. She was a state champion in cheerleading and went on to cheer at Iowa Central Community College and later Northwest Missouri State University where her team was named two time UCA Collegiate Champions. She worked eight years on UCA staff. Over her time with UCA, she led coaches training sessions, worked college staff all over the United States, and led camps of over 300 athletes. Katie holds a B.S. in Marketing and Management and a Master's in Business Administration from Northwest Missouri State University. She resides in Waukee, IA and has two children (Josie and Christian).

Alexis Stine

Alexis Stine has been heavily involved in the pageant industry since 2019. She was the 2021 Miss Iowa USA Spokesmodel and was awarded the title of Royal International Miss Iowa in 2022. Alexis has since gone on to place in the Top 5 and Top 3 at Internationals. Alexis is a third-generation 2021 graduate of Iowa State University with a B.S. in Animal Science. She is an avid equestrian when she's not competing in pageants.

Through being a former dance team captain and Iowa State Cyclone Hockey Cheerleader, she developed a strong passion for weight lifting and the promotion of health and fitness. Alexis lives in Boone, Iowa with her dog, Kilo, and two cats, Purdy and Blake. Alexis loves teaching mindset, posture, and walking during EPIC sessions, while also teaching interview and speech techniques!



Allie Curtis

Allie Curtis is a Public Affairs Officer in the Rhode Island National Guard. She enlisted in 2017 and has served as a Fire Direction Officer and the Commander of the 110th Public Affairs Detachment, most recently completed a deployment to Kosovo where she served on a peacekeeping mission. She was Miss Rhode Island 2015 and was named a Quality of Life Award finalist at Miss America. She went on to represent Rhode Island at the Miss Earth USA competition in 2019 and 2020 and was named Miss Earth USA Eco. She holds a bachelors degree from Syracuse University and Masters Degrees from Brown, Salve Regina, and West Virginia University. With rich educational and professional experience in media and public relations, Allie is particularly passionate about enhancing speech and interview capabilities with EPIC clients!





Coach with us!

Get access to:

- Three unique coaches with virtual and in-person availability
- Interview, walking, and platform prep
- Online coaching from ANYWHERE!
- Custom graphic design services
- A close online network with fellow queens

It's time to elevate your pageant journey!

 www.elevationconsulting.com



How to Get Started

1. Thank you for filling out the Contact Us form on our website! This helps us get our introductory forms out to you to begin sessions.
2. Fill out the New Client Pre First Session Questionnaire as complete as possible by clicking on the first button below and sign the Client Contract.
3. Book an introductory New Client Session (30 minute A la Carte) using the second button below. This will take you to our online scheduling site, Acuity. Make sure to create an Acuity account. There you will be able to schedule your first session with a coach and pay your invoice, and soon schedule future sessions following the New Client Session. ALL sessions are to be paid in full when scheduled.
4. Keep scrolling in this email to find how to add all three coaches on Facebook and to download the BAND app.

New Client Questionnaire



New Client Session



Download the Scheduler App

Click on the link below for instructions on how to download our Aquity Application to schedule sessions. This will create an ease of scheduling right from your phone!

[App Instructions](#)



Check Out All Client Info

ALL client information is live on our website. Click below to read pricing, purchasing and scheduling, session notes, clothing the pageant calendar, our refferal bonus, and about social media coaching!

[Client Information](#)



Friend us on Facebook!

Click on the FB icons to add all three of our pages. We communicate through email, FB Messenger, and Band.



Katie



Alexis

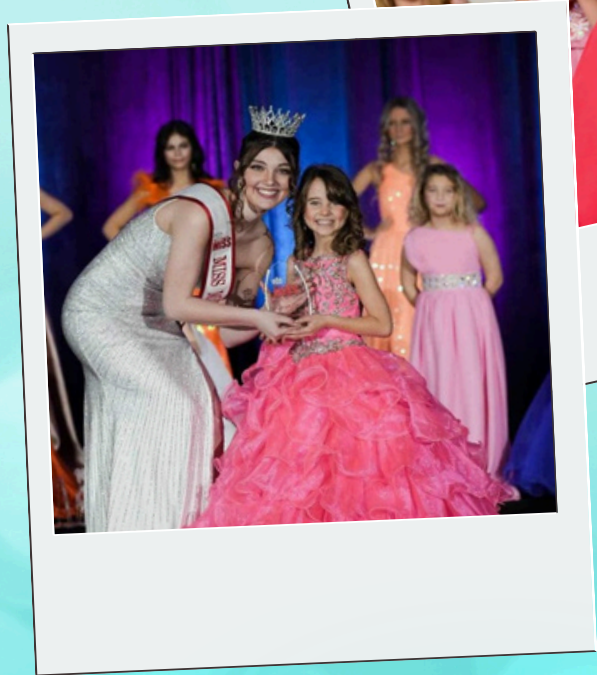


Allie

Download the Band App

We use BAND to communicate as a team and will frequently share updates and pageant results here. Get to know your fellow #TeamEPIC members! Click the icon to join the group.





Welcome to
#TeamFpic!